

(UGC Care Listed)
ISSN 0507-1410

VISHVESHVARANAND INDOLOGICAL JOURNAL

(An International Peer-Reviewed Refereed Research Journal)

Vols : LVIII-LIX

June-Dec.,
2019-20 & 2020-21



Chief Editor
PROF. S.K. SARANGI

Editor
PROF. N.C. PANDA
Chairman

**VISHVESHVARANAND VISHVA BANDHU INSTITUTE
OF SANSKRIT AND INDOLOGICAL STUDIES
PANJAB UNIVERSITY, HOSHIARPUR-146 021**

YEAR - 2022

VISHVESHVARANAND INDOLOGICAL JOURNAL

(An International Peer-Reviewed Refereed Research Journal)

Vols : LVIII-LIX

June-Dec., 2019-20 & 2020-21

Patron : Prof. Raj Kumar, Vice-Chancellor, Panjab University, Chandigarh

Editor : Prof. N.C. Panda, **Chairman**, Deptt. of VVBIS & IS (PU), Hoshiarpur

Chief Editor : Prof. S.K. Sarangi, Deptt. of VVBIS & IS (PU), Hoshiarpur

Editorial Board :

- **Prof. N.C. Panda**, Editor (**Chairman**), Deptt. of VVBIS & IS (PU), Hoshiarpur
- **Prof. S.K. Sarangi**, (Chief), Deptt. of VVBIS & IS (PU), Hoshiarpur
- **Prof. Gopabandhu Mishra** (Former Vice Chancellor), Deptt. of Sanskrit, Banaras Hindu University, Varanasi.
- **Prof. V.K. Alankar**, Department of Sanskrit, Panjab University, Chandigarh.
- **Prof. Ritu Bala**, Deptt. of VVBIS & IS, Panjab University, Hoshiarpur
- **Prof. Santosh Kumar Shukla**, School of Sanskrit and Indic Studies, Jawaharlal Nehru University, New Merauli Road, New Delhi-110067

Advisory Board :

- **Prof. Srinivas Varakhedi, V.C.**, Central Sanskrit University, New Delhi.
- **Prof. Gangadhar Panda, V.C.**, Kolhan University, NH 75, Chaibasa, Jharkhand 833202
- **Prof. Vijay Kumar, V.C.**, Maharshi Panini Sanskrit Evam Vedic Vishwavidyalaya, Ujjain Dewas Rd, near Shivansh City, Shivansh City, Ujjain, MP- 456010
- **Prof. Raghbir Singh (Retd.)**, Deptt. of VVBIS & IS, Panjab University, Hoshiarpur.
- **Prof. Chirapat Prapandvidya, Advisor**, Sanskrit Studies Centre, Faculty of Archeology, Silpakorn University, **Bangkok, Thailand**. Email: chirapat.prapandvidya@hotmail.com
- **Prof. Do Thu Ha**, Faculty of Oriental Studies, 366 Nguyen Trai Str. Thanh Xuan Dist, Hanoi, Vietnam National University, Hanoi, Mob.+84-912339491, Email:dotuyetha2000@gmail.com

ISSN	:	0507-1410
UGC CARE LIST NUMBER	:	Arts & Humanities No. 452
Published by	:	Deptt. of VVBIS & IS, Panjab University, Sadhu Ashram Hoshiarpur (Pb)
Price	:	Rs. 200/- (For India) \$ 40 & £ 20
Address	:	Deptt. of VVBIS & IS, Panjab University, Sadhu Ashram Hoshiarpur (Pb) 146021
Telephone	:	+91 1882 221002
Email	:	vvbis@pu.ac.in
Website	:	https://vij.puchd.ac.in/
Office Staff	:	Manmohan

ABOUT THE DEPARTMENT

On 1st July 1965, Vishveshvaranand Vishva Bandhu Institute of Sanskrit and Indological Studies (VVBIS & IS) came into effect as a Department of Panjab University, Chandigarh. This department is situated in the eastern part of the town on the national Highway leading to Una & Nangal. The Department has a big Library containing more than 1 lacks Sanskrit books and manuscripts. The Library and the peaceful and pious environment enriched with devout learning multiplies facilitate the scholar to pursue their research work. This department has published bi-annual an Indological Journal, *viz.* **Vishveshvaranand Indological Journal (VIJ) bi-annually.** This Research Journal provides a platform for world-wide Indological Researchers to communicate their valuable findings in various disciplines. During the glorious period of last four decades it has set a tradition of standardized publication, critical editions of Sanskrit texts, *etc.* So far, fifty-five Volumes of the VIJ have been published. The special issues / volumes are dedicated to the renowned Indologists like Dr. A.C. Woolner, Dr. Siddherswar Varma, Acharya Vishva Bandhu, Prof. B.R. Sharma, Dr. K.V. Sarma, Prof. Jagannath Aggarwal and Prof. B.B. Chaubey. Three decennial Indices of published Research articles, Research notes, *etc.* in Vishveshvaranand Indological Journal have been published as the Research tools to facilitate the scholars and Research students. Among the contributors of this Research Journal were the National and International scholars. **Publications:** The Institute has published 55 titles, so far. They cover a wide range of subjects like; Veda, Literature, Grammar, Philosophy, History, Archaeology Astronomy, Linguistics, *etc.* Some of the world known scholarly contributions of the Institute are : the Vedic Word Concordance (16 volumes), the Rigveda (with commentaries of Skandasvami, Venkata Madhava and Mudgal in 5 volumes), the Valmiki Ramayana (Western Recension), Brahmanoddhara-kosha, Upanishad Uddhara Kosha, *etc.*

VISHVESHVARANAND INDOLOGICAL JOURNAL

Vols. LVIII & LIX June-Dec. 2019-20 & 2020-21

The *Vishveshvaranand Indological Journal* is half-yearly research organ of the V.V.B.I.S. & I.S., which is issued in June and December every year. It includes research papers on all subjects of Indology, viz., Religion, Philosophy, Socio-cultural History, Ancient Indian History, Archaeology, Epigraphy & Numismatics, Linguistics, Literary Criticism and Arts-cum-Sciences. It also includes sections on Critical Editions of old Sanskrit Texts, Translation of abstruse Texts, Bibliographies, Research Digests, Literary reviews, Indological News and Notes, as also Greater India and Indo-Iranian Studies.

Contributions

Learned papers written mainly in English, rarely in Sanskrit, pertaining to research on any of the above-mentioned subjects can be considered for publication in the *Journal*.

Contributions should be submitted, type-written on one side of the sheet. An article should not normally exceed 12 double-spaced typed pages with wide margins. Copies should be retained by the writers, as manuscripts once submitted cannot be returned.

Contributors are requested to follow the standard system of presentation and transliteration adopted in this *Journal*. When writing Sanskrit and other non-English words in Roman, single words or short phrases occurring along with English words in the same line should preferably be written in Roman, longer Sanskrit-Hindi passages should preferably be written in Devanāgarī.

Every contributor is given a copy of the issue of the Journal containing the paper. Copies of off-prints may be supplied at cost, if a request in written is received when the paper is submitted for publication.

(UGC Care Listed No. 452)

ISSN 0507-1410

VISHVESHVARANAND INDOLOGICAL JOURNAL

(An International Peer-Reviewed Refereed Research Journal)

Vols : LVIII-LIX

(UGC Care Listed)

June-Dec.,
2019-20 & 2020-21



Chief Editor

PROF. S.K. SARANGI

Editor

**PROF. N.C. PANDA
Chairman**

**VISHVESHVARANAND VISHVA BANDHU INSTITUTE
OF SANSKRIT AND INDOLOGICAL STUDIES
PANJAB UNIVERSITY, HOSHIARPUR-146 021**

YEAR - 2022

FORM-IV
(See Rule 8)

- | | |
|---|---|
| 1. Place of Publication | VVBIS & IS, Hoshiarpur |
| 2. Periodicity of its publication | Half-yearly |
| 3. Printer's Name | Narasingha Charan Panda |
| Nationality | Indian |
| Address | P.O. Sadhu Ashram
Hoshiarpur |
| 4. Publisher's Name | Narasingha Charan Panda |
| Nationality | Indian |
| Address | P.O. Sadhu Ashram
Hoshiarpur |
| 5. Editor's Name | Narasingha Charan Panda |
| Nationality | Indian |
| Address | P.O. Sadhu Ashram
Hoshiarpur |
| 6. Name and address of individual who can own the newspaper and partners or shareholders holding more than one percent of the total capital | Vishveshvaranand Vishva Bandhu Institute of Sanskrit and Indological Studies
Panjab University,
Sadhu Ashram,
Hoshiarpur, Punjab
Pin - 146021 |

I, Narasingha Charan Panda, hereby declare that the particulars given above are true to the best of my knowledge and belief.

NARASINGHA CHARAN PANDA
Publisher

December, 2022

CONTENTS

	<i>Pages</i>
Relevance of Vedic Mantras In Āgamic Pūjā Rituals	— <i>By</i> Dr. Sukumar Chattopadhyay.....1-8
वैदिकसंहितासु युद्धविद्या	— <i>By</i> Dr. Paramba Shree Yogamaya.....9-19
Pre-Natal Sacraments of Hindus as Reflected in Gr̥hya-Sūtra	— <i>By</i> Prof. G.C. Chauhan.....20-27
Understanding Global Warming from Vedic Perspectives	— <i>By</i> Prof. Ravi Prakash Arya & Surya Prakash Kapoor.....28-36
Historical Evolution of <i>Yogyatā</i> with Special Reference to <i>Apādāna</i> with Special Reference to <i>Ṛgveda Maṇḍala II</i>	— <i>By</i> Ms. Revati Kulkarni & Prof. Malhar Kulkarni.....37-55
The Relevance of Buddhist Pedagogy in Modern Educational System	— <i>By</i> Prof. Ram Nandan Singh56-61
Contribution of Bhikkhu Jagadish Kashyap in the Exposition of Abhidhamma Philosophy	— <i>By</i> Prof. Bimalendra Kumar.....62-66
Self-Realization: Cessation of Suffering Advaita Vedānta Perspective	— <i>By</i> Dr. V. Sujata Raju67-74
Yogic Intervention Module in the Management of Post- Corona virus Disease- 2019 With Special Reference of Anxiety and Depression patients	— <i>By</i> Dr. S.P. Pathak & Sh. Sunil Sharma.....75-83
The Relevance of the Philosophy of Yogavāsīṣṭha Mahārāmāyaṇa in Modern Time	— <i>By</i> Dr. Ruby Jain84-88

Bharata on Languages and their Role in Drama	— <i>By</i> Prof. Aruna Ranjan Mishra.....89-95
भासकालिदासयोः कृतिषु नारीचित्रणस्य अद्यत्वेप्रासंगिकता	— <i>By</i> Prof. Dipti Sharma Tripathi.....96-104
रसायनसेवनं सुस्वास्थ्यञ्च	— <i>By</i> Prof. Somdev Shatanshu105-108
Tulasi: Nature's Divine Herb	— <i>By</i> Prof. Gayatri Rath109-116
Health Care Profession (<i>Vṛtti</i>) in Indian Tradition : A Critique	— <i>By</i> Miss. Prajna Panda.....117-123
Ethical Doctrines in Kālidāsa's Writings in the Perspective of Ancient Sanskrit Texts	— <i>By</i> Dr. Binima Buzarbaruah.....124-129
Devadāśī System in India: Issues and Challenges	— <i>By</i> Dr. Sunaina130-140



INDEX OF CONTRIBUTORS

- ARYA (PROF.) RAVI PRAKASH
 Maharishi Dayanand Saraswati Chair (UGC),
 Maharishi Dayanand University, Rohtak, Haryana
 [Paper pp. 28-36]
- BUZARBARUAH (DR.) BINIMA
 Associate Professor, Deptt. of Sanskrit, Gauhati University, Guwahati, Assam
 [Paper pp. 124-129]
- CHATTOPADHYAY, (DR.) SUKUMAR
 Associate Professor, Deptt. of Sanskrit, Faculty of Arts,
 Banaras Hindu University, Varanasi, UP-221005
 [Paper pp. 1-8]
- CHAUHAN (PROF.) G.C.
 DES-MDRC, Panjab University, Chandigarh-160014.
 [Paper pp. 20-27]
- JAIN (DR.) RUBY
 Assistant Professor, DAV College, Hoshiarpur, Punjab
 [Paper pp.84-88]
- KAPOOR (SH.) SURYA PRAKASH
 Independent Innovator, 60 Gagan Vihar Extension, Delhi-51
 [Paper pp. 28-36]
- KULKARNI (PROF.) MALHAR
 Indian Institute of Technology (IIT), Mumbai - 400076
 [Paper pp. 37-55]
- KULKARNI (MS.) REVATI
 Indian Institute of Technology, (IIT), Mumbai - 400076
 [Paper pp. 37-55]
- KUMAR (PROF.) BIMALENDRA
 Deptt. of Pali & Buddhist Studies, Faculty of Arts, Banaras Hindu
 University, Varanasi-221005(U.P.)
 [Paper pp. 62-66]
- MISHRA (PROF.) ARUNA RANJAN
 Department of Sanskrit, Pali & Prakrit, Visva Bharati, Santiniketan – WB-731235
 [Paper pp. 89-95]
- PANDA (MISS.) PRAJNA
 Research Scholar of Yoga, Kavikulaguru Kalidas Sanskrit University, Ramtek,
 Nagpur, Maharashtra- 441106, India.
 And: Kaivalyadham Yoga Research Institute, Lonavala, Maharashtra
 [Paper pp. 117-123]

PATHAK (DR.) S.P.

Assistant Professor, Department of Yoga Studies,
Himachal Pradesh University, Shimla, HP
[Paper pp. 75-83]

RAJU (DR.) V. SUJATA

Associate Professor, Department of Philosophy,
Daulat Ram College, University of Delhi, Delhi-110007
[Paper pp. 67-74]

RATH, (DR.) GAYATRI

Asst. Professor, Faculty of Arts Communication & Indic Studies
Sri Sri University, Cuttack, Odisha-754006
[Paper pp.109-116]

SHARMA, (SH.) SUNIL

Department of Yoga Studies,
Himachal Pradesh University, Shimla, HP - 171005
[Paper pp. 75-83]

SHATANSHU, (PROF.) SOMDEV

Vice Chancellor, Gurukul Kangri University, Haridwar, Uttrakhand-249404
[Paper pp. 105-108]

SINGH (PROF.) RAM NANDAN

Department of Buddhist Philosophy, Central Sanskrit University, Lucknow
Campus, Vishal Khand-4, Lucknow-226010 (Uttar Pradesh)
[Paper pp. 56-61]

SUNAINA (DR.)

Assistant Professor, Deptt. of LAW, Panjab University,
SSGRC, Hoshiarpur, Punjab-146021
[Paper pp.130-140]

TRIPATHI (PROF.) DIPTI SHARMA

Resi : Bodhideep, E-2325, Palam Vihar, Gurgaon-122017
Former Director, N.M.M., New Delhi & Ex-Chiarperosn, Deptt. of Sanskrit, Delhi
University, Delhi.
[Paper pp. 96-104]

YOGAMAYA, (DR.) PRAMBA SHREE

Assistant Professor, Deptt. of Veda, Sri Jagannath Sanskrit University,
Sri Vihar, Puri-752003, Odisha
[Paper pp. 9-19]

